

# SWVA Cafe MENU

Monday - Wednesday: 11:00 AM - 3:00 PM

Thursday: 11:00 AM - 3:00 PM / 5:00 - 9:00 PM

Friday - Saturday: 11:00 AM - 3:00 PM

Sunday: 11:00 AM - 3:00 PM



**SOUTHWEST VIRGINIA**  
Cultural Center  
& MARKETPLACE

## ALWAYS AVAILABLE

\* Made to order

### COLD SAMMY'S

#### CHICKEN SALAD SANDWICH 7

Slow Roasted Chicken, Celery, Apples, Basil, Pecans, and Mayonnaise Served on our Sourdough Bread

#### PIMENTO CHEESE SANDWICH 6

Served on our House Sourdough Bread with Lettuce, Tomato, and Onion

#### PEANUT BUTTER & JELLY 6

House-made Peanut Butter and Jelly from Various Local Canneries. Served on our Sourdough Bread

### GLUTEN FREE OPTION

#### ACORN SQUASH BOWL 7

Half of a Roasted Acorn Squash Stuffed with Quinoa, Kale Blend, Cranberries, Feta, and Pecans

Add on: Pulled Turkey or Pulled Chicken - 2  
Ask What's Available

#### COMBO 8.50

1/2 Sammy and 1/2 Soup

### HOT SAMMY'S

#### 2 CHEESE GRILLED PANINI 6.50

Swiss and Cheddar Cheeses Together on our House-made Focaccia Bread and Grilled/Pressed into Melted Yumminess

#### SWVA PATTY MELT PANINI 9.50

1/3 lb. Hamburger Seasoned to Perfection and Sandwiched Between Two Slices of Swiss Cheese, House-made Focaccia Bread, and a Horseradish Dijon Mayonnaise that is Grilled and Pressed.

#### PULLED TURKEY PANINI 9.50

Pulled Turkey, House-made Cranberry Relish, Baby Kale Blend, and Whipped Feta Cheese Spread

#### SOUPS - ROTATE DAILY 3.50/5.50

COCONUT CURRY BUTTERNUT SQUASH  
BEEF, SWEET POTATO, & BLACK BEAN CHILI  
CREAMY TOMATO

Option of Cup or Bowl

### SUNDAY BRUNCH \*VARIES

Local Businesses Take Over the Kitchen with Delicious Locally-Sourced Brunch

ALL SAMMIES & COMBOS INCLUDE CHOICE OF CHIPS

1 Heartwood Circle, Abingdon, VA 24210

276-492-2400



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## DRINKS

### KOMBUCHA - LAVENDER LEMONADE 4

Raw Kombucha, certified organic black tea, certified organic unsmoked yerba mate tea, certified organic lemon, certified organic lavender, certified organic stevia.

### KOMBUCHA - HEMP LEMON GINGER 8

### REGIONAL WINE \*VARIES\*

### REGIONAL BEER \*VARIES\*

## HAPPY HOURS

**THURSDAYS** 5:00 - 8:00 PM

**SATURDAYS** 11:00 AM - 3:00 PM



[SWVACULTURALCENTER.COM](http://SWVACULTURALCENTER.COM)



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## FARMS

**OLD RICH VALLEY FARMS** Saltville

**HIGHLANDS FARMS** Russell County

**RIVER VALLEY FARMS** Abingdon

**ZIEGENWALD DAIRY** Gate City

**T-N-T FARMS** Meadowview

**PICK-N-GRIN FARMS** Bristol

**ABINGDON FARMER'S MARKET** Abingdon

**ABINGDON OLIVE OIL CO.** Abingdon

**VHCC HORTICULTURE PROGRAM** Abingdon

**HARVEST TABLE FARM** Meadowview

**BRISTOL GARDENS & GRILL** Bristol

**LAUREL SPRINGS FARM** Marion

**POP'S VEGGIE BASKET** Rural Retreat

**MY SHEPHERDS FARM** Rural Retreat

**MOYER FAMILY FARMS** Castlewood

**APPALACHIAN SUSTAINABLE DEVELOPMENT**